

The Seven Sorrows of Our Lady:

1. The prophecy of Simeon:



How great was the shock to Mary's Heart at hearing the sorrowful words, in which holy Simeon foretold the bitter Passion and death of her sweet Jesus.

2. The flight into Egypt:



Meditation: Consider the sharp sorrow which Mary felt. How great her privations in that long journey! What sufferings she bore in that land of exile.

3. The loss of the Child Jesus for three days:



Meditation: How painful was the anguish of Mary, when she realised she had lost her beloved Son, and in sorrow searched for Him for three days!

4. Mary meets Jesus on the Way of the Cross:



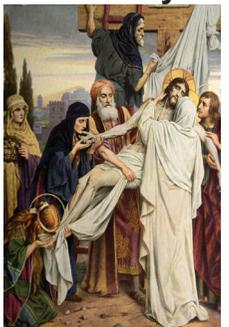
Ah, consider, my soul, the grief of the blessed Virgin thus beholding her Son! Who would not weep at seeing this Mother's grief?

5. The Crucifixion:



As she stood at the foot of the cross, pierced by the sword of sorrow, she turned her eyes on Him, until she knew that He lived no longer.

6. The Body of Jesus is taken from the Cross:



Consider the most bitter sorrow of Mary, when she received the dead body of her dear Jesus covered with blood and deep wounds.

7. The burial of Jesus:



Consider the sighs which burst from Mary's sad heart when she saw her beloved Jesus laid within the tomb.

Virgin Most Sorrowful Pray For Us



Replica of the famous miraculous picture of OUR LADY OF SORROWS in Quito, Ecuador

Consecration to Our Lady of Sorrows

Most holy Virgin and Queen of Martyrs, Mary,
O that I could be in Heaven,
there to contemplate the honours rendered to You by the Most Holy
Trinity and by the whole Heavenly Court!
But since I am still a pilgrim in this vale of tears,
receive from me, Your unworthy servant and a poor sinner,
the most sincere and perfect act of homage
a human creature can offer.
In Your Immaculate Heart, pierced with so many swords of sorrow,
I place today my poor soul forever;
receive me as a partaker in Your sorrows,
and never suffer that I should depart from that Cross on which Your
only begotten Son expired for me.
With You, O Mary, I will endure all the sufferings,
difficulties and infirmities,
with which it will please Your Divine Son to visit me in this life.
All of them I offer to You,
in memory of the sorrows which You did suffer during Your life,
that every thought of my mind, every beating of my heart may
henceforth be an act of compassion to Your Sorrows,
and of honour for the glory You now enjoy in Heaven.
Since then, O Dear Mother, I now compassionate Your Sorrows,
and rejoice in seeing You glorified,
do have compassion on me, and reconcile me to Your Son Jesus,
that I may become Your true and loyal child;
come on my last day and assist me in my last agony,
even as You were present at the Agony of Your Divine Son Jesus,
that from this painful exile I may go to Heaven,
there to be made partaker of Your glory. Amen.

The Seven Famous Promises

Our Blessed Mother made these seven wonderful and powerful
promises to St. Bridget of Sweden to all of those who honour
Her daily by saying seven Hail Marys while meditating on Her tears
and sorrows:

1. “I will grant peace to their families.”
2. “They will be enlightened about the Divine Mysteries.”
3. “I will console them in their pains and I will accompany them in
their work.”
4. “I will give them as much as they ask for as long as it does not
oppose the adorable will of my Divine Son or the sanctification of
their souls.”
5. “I will defend them in their spiritual battles with the infernal
enemy and I will protect them at every instant of their lives.”
6. “I will visibly help them at the moment of their death; they will
see the face of their mother.”
7. “I have obtained this grace from my divine Son, that those who
propagate this devotion to My tears and sorrows will be taken
directly from this earthly life to eternal happiness, since all their sins
will be forgiven and my Son will be their
eternal consolation and joy.”